

# CREATING A LIFE



## Training the Trainer Generic Schedule

### THAT MATTERS

#### Day 1

6:00 pm	-	7:00 pm	Gather
7:00 pm	-	7:30 pm	Dinner Provided
7:30 pm	-	7:45 pm	Welcome and Opening Ritual
7:45 pm	-	8:30 pm	Getting to Know You activity
8:30 pm	-	8:45 pm	CLM Vocabulary and Semantics
8:45 pm	-	9:00 pm	Week's agenda; Contact numbers/Hotel/Sign-in Sheet; Homework
9:00 pm	-	9:15 pm	Gather Questions for Next Day
9:15 pm	-	9:30 pm	Shaman-Bop Clip

#### Day 2

8:30 am	-	9:00 am	Light Breakfast Provided
9:00 am	-	11:00 am	CLM Session 1.1
11:15 am	-	12:00 pm	Facilitation Debrief of Session 1.1
Noon	-	1:00 pm	Lunch Provided
1:00 pm	-	1:45 pm	Sacred Storyboard
2:00 pm	-	3:00 pm	Sacred Talk Through
3:00 pm	-	3:45 pm	Sacred Q & A
4:00 pm	-	4:45 pm	Self Storyboard
4:45 pm	-	5:00 pm	Focused Break
5:00 pm	-	5:30 pm	Self 2.1 – 2.3 Talk Through
5:30 pm	-	7:00 pm	Dinner on your own
7:00 pm	-	9:00 pm	CLM Session 2.4

#### Day 3

8:30 am	-	9:00 am	Light Breakfast Provided
9:00 am	-	9:45 am	Facilitation Debrief of Session 2.4
10:00 am	-	11:00 am	Facilitation Teaching
11:00 am	-	12:00 pm	Self 2.4 – 2.6 Talk Through
12:00 pm	-	1:00 pm	Lunch Provided
1:00 pm	-	2:00 pm	Passion Storyboard
2:15 pm	-	3:15 pm	Passion Talk Through
3:15 pm	-	3:45 pm	Facilitation Teaching
4:00 pm	-	6:00 pm	CLM Session 3.5 Dinner on your own

#### Day 4

8:30 am	-	9:00 am	Light Breakfast Provided
9:00 am	-	9:50 pm	Practice Stations
10:05 am	-	11:00 am	Practice Stations
11:15 pm	-	12:30 pm	Lunch Provided
12:30 pm	-	3:30 pm	Trainbacks and Feedbacks
3:30 pm	-	4:30 pm	Administrative Details and Q&A
4:30 pm	-	5:00 pm	Closing Ritual